



Thank you for reaching out and requesting the Video series *How Not To Screw Up Your Kids Going Through Divorce*.

Please see the 5 part series currently on YouTube and also available on RightNow Media.

It may look intimidating with the 5 parts, but I encourage you to take your time reviewing what the child experts have to say to help you and your children going through divorce.

Thank you,
Kathey Batey

Part 1

<https://www.youtube.com/watch?v=cQotUzIPXHM>

Part 2

<https://youtu.be/tsuy-Kta6-o>

Part 3

https://youtu.be/e8-8li6z_YU

Part 4

<https://youtu.be/xiYcxSzEacQ>

Part 5

https://youtu.be/Kr_AVyz140M

TOOLS,
RESOURCES
&
DISCOVERIES
FOR YOUR CHILDREN
AS YOU GO THROUGH DIVORCE.



HOW **NOT TO** SCREW UP YOUR KIDS
GOING THROUGH DIVORCE

March 18 from 6-9pm • In-Person or Virtual • [Keystoneecc.org](https://www.Keystoneecc.org)



Welcome !!!!

to a safe space
to learn tools, insights and resources
to help you parent well during divorce and after!



Our speakers are here to walk alongside you with great hopes for your children and great faith in you as a parent!

Your being here to learn better parenting skills demonstrates your heart for your kids. You only get to parent your children for a short period of time in their lifetime and how you do it will affect the rest of yours.

The seminar will move quickly. Our national experts have much to share and we have limited time. So be sure and take notes and also see the resource page after the speaker notes for contact information and resources they offer.

How To Get The Most From This Seminar:

- 1) Take your notes under each speaker name
- 2) Jot down your action steps
- 3) Highlight or *asterisk where you need help and support of others



**DIVORCE
SUPPORT
ANONYMOUS**

Divorce Support Anonymous is a place of resources, hope and support to get you through the trauma of divorce and building your life after divorce. Connect with us through: website, FB, LinkedIn or instagram. Support Groups, Books, Individual Coaching, Mediations,

“See that you do not despise one of these little ones, for I say to you that their angels in heaven continually see the face of My Father who is in heaven.
Matthew 18:10

“And they were bringing children to Him so that He might touch them; but the disciples rebuked them. But when Jesus saw this, He was indignant and said to them, “Permit the children to come to Me; do not hinder them; for the kingdom of God belongs to such as these. Truly I say to you, whoever does not receive the kingdom of God like a child will not enter it at all.” Mark 10:13-16



Action Notes:

Speakers:

Kathey Batey
(Divorce Support Anonymous)

KB

Leslie Vernick
(Life coach for destructive marriages)

LV

Linda Alderfer
(DC4K National Director)

LA



Action Notes:

Dr. Kathy Koch
(Founder and President of Celebrate Kids)

KK

Laura Petherbridge
(StepMom)

LP

Cynthia Klein
(Ally Parenting)

CK

Dr. Laila Risgallah Wahba
(Pediatrician Childhood Trauma)

Jenny Dean Schmidt
(Channel Mom)

Matt Haviland
(Single Dad Mentor)



Action Notes:

LRW

JDS

MH

Laura Beavais
(Attachment Expert)



Action Notes:

LB

Kathey Batey closing

KB

KB

Contact & Resources by Speaker

Kathey Batey

Contact: www.DivorceSupportAnonymous.com

Youtube: <https://www.youtube.com/channel/UCkzAWPGjfd-p5WQhrlIwY-Q>

<https://www.facebook.com/Divorce-Support-Anonymous-474952019560006>

Social Media: FB, Youtube, Instagram

Resources:

Books: Suddenly Single Series, The 4 Stages of Divorce, Preparing for Mediation
30 Days of Healing After Divorce, 60 Peacekeeping Tips For The Workplace

Groups: Divorce Support Anonymous, Building Your Future After Divorce,
Mastermind to My New Life, Single Mom's Virtual Camp

Free Resources: Preparing for Mediation (download from website).

Leslie Vernick

Contact: martha@leslievernick.com

Social Media: <https://www.facebook.com/LeslieVernickFanPage>

Resources: free report leslievernick.com/redflags

Books: The Emotionally Destructive Marriage, The Emotionally Destructive
Relationship, Defeating Depression, Lord, I Just Want To Be Happy

Linda Alderfer

Contact: lalderfer@dc4k.org

Social Media: <https://www.facebook.com/divorcecareforkids>

Resources:

DivorceCare for Kids: Find A Group in your area:

www.dc4k.org/findagroup

Free single parent support (videos, tips and articles):

<https://www.dc4k.org/parentzone>

Tiffany Theen

Contact: <https://tiffanytheen.com/about-1>

Social Media: FB, LinkedIn, Instagram, twitter

Dr. Kathy Koch

Contact: Celebrate Kids, Inc. 4524 Boat Club Rd Suite 150 Fort Worth, TX 76135
817-238-2020

Social media: FB <https://www.facebook.com/kathycelebrate>

Resources: <https://celebratekids.com/podcasts/>

<https://celebratekids.com/>

https://www.christianbook.com/Christian/Books/easy_find?Ntt=Kathy+Koch

Laura Petherbridge

Contact: Laura@Laurapetherbridge.com , www.TheSmartStepmom.com:

Social Media: FB, LinkedIn, Instagram

Resources: When "I Do" Becomes "I Don't", The Smart Stepmom, 101 Tips for
The Smart Stepmom , Quiet Moments for the Stepmom Soul, Seeking a Silent
Night: Unwrapping a Stepfamily Christmas.

Stepfamilies of the Bible: Timeless Teachings for Today's Family.

Cynthia Klein

Contact: www.bridges2understanding.com
www.allyparenting.com

Social Media: Instagram: <https://www.instagram.com/allyparenting/?hl=en>
Facebook: <https://www.facebook.com/cynthia.klein.bridges>

Resources: Ally Parenting: A Non-Adversarial Approach to Transform Conflict Into Cooperation by Cynthia Klein
Receive your free Ally Parenting book chapter, You Can Keep Video Games from Overtaking Your Family

Dr. Laila Risgallah Wahba

Contact: www.lailarisgallah.com Www.NotGuiltyinc.org

Social Media: Facebook, Twitter, Instagram

Resources:

Books: What Happens After #MeToo- Tackling the Iceberg.
The Silver Box

Groups:

Not Guilty for Family Development.

Ashoka for social entrepreneurs. Good News Group.

Jenny Dean Schmidt

Contact: channelmom@gmail.com 303.981.1918

Social Media: <https://www.instagram.com/channelmom/>
<https://www.facebook.com/ChannelMom/>
<https://twitter.com/ChannelMom>

Resources:

LISTEN Fridays & Saturdays on KRKS FM 94.7

LISTEN to podcast on channelmom.podbean.com

Matt Haviland

Contact: <https://www.alphagrandrapids.org>, mhaviland@alphagrandrapids.org

Resources:

Books: A Father's Walk: Resource for Single Dads, The Daddy Gap

Groups: (For fathers affected by an unplanned pregnancy): One-on-One Coaching, GED & ESL classes, Fatherhood small groups

<https://www.allprodad.com/author/matt/>

Laura Beauvais

Contact: 955 West Wade Hampton Boulevard Greer, SC 29650 (864) 662-3637
laurabeauvaislpc@gmail.com

Social Media: FB, LinkedIn, Instagram

<https://www.linkedin.com/in/laura-jean-beauvais-60222916>

Carl Simon - Adult Children of Divorce Survival Guide

<https://www.amazon.com/Adult-Children-Divorce-Survival-Guide-ebook/dp/Bo87QXDPPJ>

What your children want you to know (but don't have the words to say):

"Don't use me as a messenger to Dad."

"Help me understand this divorce is not my fault."

"Don't make me choose sides, I need both my mom and dad"

"I don't need to hear about the money worries or transactions. I can't handle it mentally or emotionally."

"If you bash Dad, it hurts me"

"I don't have the vocabulary to tell you how I feel."

"I'm a kid, let me be a kid and don't put adult burdens on my small shoulders."

"I'm angry because I'm confused and lost control of parts of my life."

"It doesn't matter that I am a grown child. You are still my Mommy and Daddy. Please don't confide in me."

"If you call me when you don't have parenting time, it makes me know you are thinking about me."

"State the obvious, you love me, you're proud of me."

"I'm rebelling and doing stupid stuff because I'm confused"

"I might be lashing out at you because you're the only safe parent I have."

"I know this is difficult for you, but please be excited to see me."

"If you really are listening, your cell phone is not in your hand."

"Daddy bless me with your words, don't leave me guessing my value to you."

"I won't always act like I need you, but I do."

"I want just one birthday party."

"Pray for me continually, I'm under a lot of pressure and stress too".

"You underestimate how important you are to me. I seek your approval even when you don't think I am."